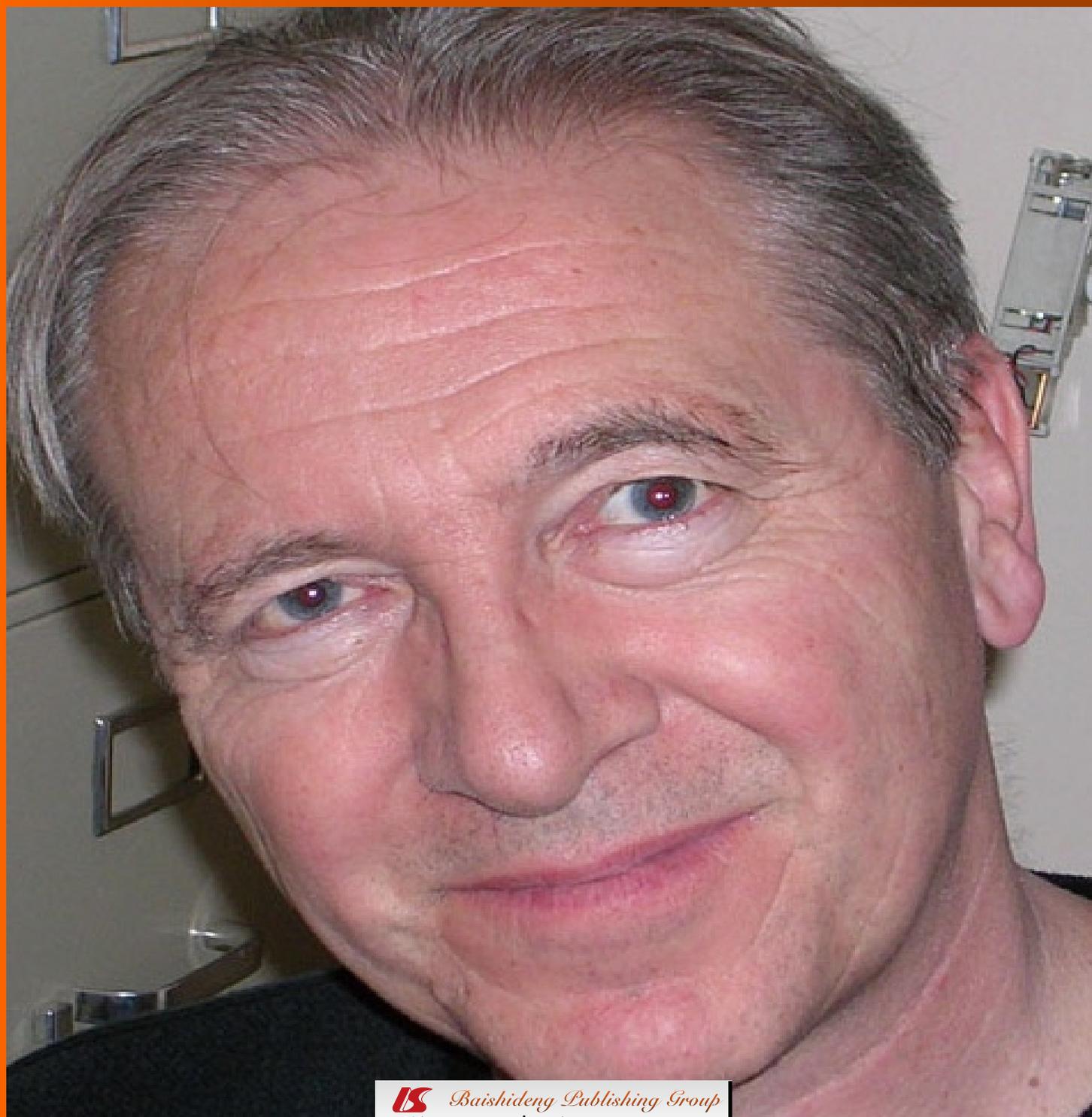


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ABOUT COVER Stuart K Calderwood, PhD, Associate Professor, Director Molecular and Cellular Radiation Oncology, Department of Radiation Oncology, Beth Israel Deaconess Medical Center, Harvard Medical School, 99 Brookline Avenue, Boston, MA 02215, United States

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Serendipity in anticancer drug discovery

Emily Hargrave-Thomas, Bo Yu, Jóhannes Reynisson

Emily Hargrave-Thomas, Auckland Bioengineering Institute, The University of Auckland, Auckland 1142, New Zealand
Bo Yu, Jóhannes Reynisson, School of Chemical Sciences, The University of Auckland, Auckland 1142, New Zealand
Author contributions: Hargrave-Thomas E collected and analysed the data and wrote the manuscript; Yu B analysed the data; Reynisson J provided scientific supervision.

Correspondence to: Dr. Jóhannes Reynisson, School of Chemical Sciences, The University of Auckland, Private Bag 92019, Auckland 1142, New Zealand. j.reynisson@auckland.ac.nz
Telephone: +64-9-3737599 Fax: +64-9-3737422

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Columbia Medical Center, 1130 St. Nicholas Ave 321B, New York, NY 10032, United States; Shufeng Zhou, MD, PhD, A/Professor, School of Health Sciences, RMIT University, Bundoora, Victoria 3083, Australia

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Abstract

It was found that the discovery of 5.8% (84/1437) of all drugs on the market involved serendipity. Of these drugs, 31 (2.2%) were discovered following an incident in the laboratory and 53 (3.7%) were discovered in a clinical setting. In addition, 263 (18.3%) of the pharmaceuticals in clinical use today are chemical derivatives of the drugs discovered with the aid of serendipity. Therefore, in total, 24.1% (347/1437) of marketed drugs can be directly traced to serendipitous events confirming the importance of this elusive phenomenon. In the case of anticancer drugs, 35.2% (31/88) can be attributed to a serendipitous event, which is somewhat larger than for all drugs. The therapeutic field that has benefited the most from serendipity are central nervous system active drugs reflecting the difficulty in designing compounds to pass the blood-brain-barrier and the lack of laboratory-based assays for many of the diseases of the mind.

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Key words: Anticancer drugs; Drug discovery and development; Serendipity

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INTRODUCTION

It is well known that serendipity has played a pivotal role in the discovery of many drugs used today^[1-3]. Indeed two major classes of anticancer drugs were discovered with the aid of serendipity, i.e., Barnett Rosenberg's discovery of cisplatin and the breakthrough observation by Lieutenant Colonel Stewart F Alexander that the chemical warfare agent, nitrogen mustard, depleted white blood cell numbers; aiding in the development of alkylation agents^[1-2]. The question therefore emerges of how important serendipity really is in drug discovery and development? The aim of this investigation is to identify all marketed drugs and their derivatives used in the clinic today in which discovery was in some way based on or aided by a serendipitous event. The numbers obtained will be compared to the total number of marketed drugs resulting in a quantitative measure of the impact of serendipity in the discovery of pharmaceuticals, and anticancer drugs in particular.

METHODOLOGY

Three books were analysed: *Laughing Gas, Viagra, and Lipitor: The Human Stories Behind the Drugs We Use*^[1], *Happy Accidents: Serendipity in Modern Medical Breakthroughs*^[2] and *Drug Discovery, a History*^[3]. Furthermore, one scientific paper was identified with a list of drugs discovered by the aid of serendipity^[4]. The books and the paper are shown in Table 1. These resources were studied and the stories containing serendipitous

Table 1 The sources used to identify serendipitous discoveries in drug development

Titles	Authors
Laughing Gas, Viagra, and Lipitor: The Human Stories Behind the Drugs We Use	Li ^[1]
Happy Accidents: Serendipity in Modern Medical Breakthroughs	Meyers ^[2]
Drug Discovery, a History	Sneider ^[3]
Chance favors the prepared mind-from serendipity to rational drug design	Kubinyi ^[4]

events were recorded. The nature of the serendipitous findings were categorised as laboratory based or clinical. The drugs identified were reviewed in DrugBank^[5-7] and only those that were approved, were small molecules, and in clinical use were included. Furthermore, drugs with similar chemical structures and with the same notation (i.e., used to treat the same condition) as the parent drug were considered to be their derivatives as identified by substructure and Tanimoto similarity searching in DrugBank^[5-7]. A full list of the drugs found is given in Supplementary Information Tables 2 and 3.

SERENDIPITY IN DRUG DISCOVERY

Serendipity refers to chance discoveries that have been exploited with sagacity^[3]. This requires both a chance event and the mental ability to understand the occurrence and realise its potential. In this work, only stories that fit both requirements for serendipity were recorded. The serendipitous events were divided into two categories; laboratory based and clinical. A classic example of the former is Barnett Rosenberg's discovery of cisplatin, and for the latter dimenhydrinate (Dramamine), which was developed as an antihistamine but is now sold as a travel sickness medication due to a chance observation/realisation by one of the participants in the clinical trials. The division of the drugs into these two categories is not always obvious, but we believe that it helps in the analysis of the results. In his book, *Serendipity*, Roberts^[8] coined the term pseudoserendipity to describe accidental discoveries of ways to achieve an end sought for in contrast to the meaning of true serendipity, which describes accidental discoveries of things not sought for. Certainly all of the drugs discovered in the clinic can be described as pseudoserendipitous according to this definition and many of the drugs found in the laboratory.

To calculate the proportion of drugs with a serendipitous background, the total number of small molecule drugs on the market (FDA approved) is taken to be 1437 according to DrugBank^[5-7]. Overington *et al.*^[9] reported 1204 small molecule drugs in clinical use, which is a somewhat smaller number.

In this analysis, 84 drugs were identified to have serendipitous events aiding their discovery, which is 5.8% of all drugs currently in use. Thirty-one drugs (2.2%) were identified in the laboratory and 116 derivatives (8.1%) of

Table 2 List of drugs discovered by serendipitous events in the laboratory and their derivatives

Serendipitous drugs	Derivatives	No. of derivatives
Acetanilide	Acetaminophen	1
Acetohexamide	Tolbutamide, glimepiride, glibenclamide, glipizide, chlorpropamide, gliquidone, tolazamide, gliclazide	8
Captopril	Ramipril, fosinopril, lisinopril,trandolapril, enalapril, perindopril, spirapril, quinapril	8
Cisplatin	Oxaliplatin, carboplatin	2
Diethylstilbestrol	Dienestrol	1
Digoxin	Digitoxin, deslanoside, acetyldigitoxin, ouabain	4
Ergotamine	Dihydroergotamine, dihydroergotamine, ergoloidmesylate, methysergide, methylergonovine, ergonovine	6
Ephedrine	Pseudoephedrine, ritodrine, metaraminol, phenylephrine, isoetharine, fenoterol, epinephrine, orciprenaline, terbutaline	9
Griseofulvin	NA	0
Heparin	Pentosan, polysulfate, enoxaparin, ardeparin, fondaparinux sodium	4
Isoniazid	NA	0
Lidocaine	Prilocaine, tocainide, mepivacaine, bupivacaine, levobupivacaine, ropivacaine	6
Lithium	NA	0
Marinol	Nabilone	1
Mechlorethamine	Chlorambucil, cyclophosphamide, melphalan, uracil mustard, estramustine	5
Mecillinam	Pivmecillinam	1
Methotrexate	Leucovorin	1
Nalidixic acid	Rosoxacin, enoxacin, pefloxacin, norfloxacin, lomefloxacin, ciprofloxacin, levofloxacin, ofloxacin	8
Nitroglycerine	ErythrylTetranitrate, IsosorbideDinitrate	2
Penicillin	Ampicillin, amoxicillin, azidocillin, azlocillin, bacampicillin, carbenicillin, cloxacillin, cyclacillin, dicloxacillin, flucloxacillin, hetacillin, meticillin, mezlocillin, nafcillin, oxacillin, penicillin g, penicillin v, piperacillin, pivampicillin, tazobactam, ticarcillin	21
Pentamidine	NA	0
Physostigmine	NA	0
Quinine	Quinidine	1
Sorafenib	NA	0
Streptomycin	Framycetin, neomycin, josamycin, tobramycin, kanamycin, candicidin, spectinomycin	7
Sulfanilamide	Silver sulfadiazine, sulfacetamide, sulfacytine, sulfadiazine, sulfadimethoxine, sulfadoxine, sulfamerazine, sulfamethizole, sulfametopyrazine, sulfamethoxazole, sulfamoxole, sulfapyridine, sulfisoxazole	13
Valproic acid	Divalproex sodium	1
Vinblastine	Vincristine, vindesine, vinorelbine	3
Dicoumarol	NA	0
Warfarin	Acenocoumarol, phenprocoumon, dicoumarol	3
Zinc Sulfate	NA	0

NA: Not available.

Table 3 List of drugs discovered to be beneficial for conditions other than for which they were developed (clinical)

Off-label drugs	Derivatives	No. of derivatives
Aminoglutethimide	NA	0
Alprostadil	Dinoprostone, carboprost, tromethamine, dinoprost, tromethamine, misoprostol	4
Amphetamine	Phentermine, methamphetamine, dextroamphetamine, alverine, selegiline, mephentermine, tranlycypromine, phenelzine, benzphetamine, diethylpropion	10
Aspirin	NA	0
Auranofin	NA	0
Carbamazepine	Oxcarbazepine	1
Celecoxib	NA	0
Chlordiazepoxide	Diazepam, temazepam, oxazepam, fludiazepam, clorazepate, halazepam, prazepam, flurazepam, lorazepam, cinolazepam, clonazepam, nitrazepam, bromazepam, flunitrazepam, quazepam, clotiazepam, alprazolam, estazolam, adinazolam, midazolam	20
Chlorothiazide	Benzthiazide, diazoxide, hydrochlorothiazide, hydroflumethiazide, bendroflumethiazide, cyclothiazide, polythiazide, trichlormethiazide, methyclothiazide, furosemide, bumetanide	11
Clofibrate	Fenofibrate	1
Dactinomycin	NA	0
Diisopropylfluorophosphate	NA	0
Diltiazem	NA	0
Dimenhydrinate	NA	0
Diphenhydramine	Bromodiphenhydramine, diphenylpyraline	2
Diphenoxylate	Loperamide	1
Dipyridamole	NA	0
Disulfiram	NA	0
Doxorubicin	Epirubicin, daunorubicin, idarubicin, valrubicin, plicamycin	5
Etomidate	NA	0
Finasteride	Dutasteride	1
Guanethidine	Debrisoquin, guanidine	2
Haloperidol	Droperidol	1
Imatinib	NA	0
Imipramine	Trimipramine, desipramine, clomipramine, protriptyline, amitriptyline, nortriptyline, cyclobenzaprine, maprotiline, doxepin, Amoxapine	10
Iproniazid	Isocarboxazid	1
Linezolid	NA	0
Lysergic Acid Diethylamide	Cabergoline, lisuride, bromocriptine, nicergoline, pergolide	5
Meprobamate	Carisoprodol	1
Mercaptopurine	Thioguanine, azathioprine	2
Metronidazole	Tinidazole	1
Mifepristone	NA	0
Minoxidil	NA	0
Mycophenolic acid	Mycophenolatemofetil	1
Naloxone	Naltrexone	1
Norethindrone	Levonorgestrel, norgestrel, etonogestrel, gestodene, desogestrel, medroxyprogesterone, megestrol, progesterone, drospirenone, norelgestromin, ethynodioldiacetate	11
Pethidine	Anileridine	1
Phenobarbital	Methylphenobarbital, secobarbital, metharbital, aprobarbital, primidone, methsuximide	6
Prednisone	Medrysone, methylprednisolone, prednisolone, rimexolone, flucortolone, desoximetasone	6
Probenecid	NA	0
Procarbazine	NA	0
Promethazine	Acepromazine, aceprometazine, acetophenazine, arphenazine, chlorpromazine, ethopropazine, fluphenazine, mesoridazine, methotrimeprazine, perphenazine, pipotiazine, prochlorperazine, promazine, propericiazine, propiomazine, thioproperazine, thioridazine, trifluoperazine, triflupromazine, trimeprazine	20
Quinacrine	Chloroquine, primaquine, hydroxychloroquine, amodiaquine	4
Reserpine	Deserpidine, rescinnamine	2
Salicylic acid	Salsalate, olsalazine, diflunisal, mesalazine	4
Sildenafil	Tadalafil, vardenafil	2
Sirolimus	Everolimus	1
Tamoxifen	Toremifene	1
Terfenadine	Fexofenadine	1
Thalidomide	Lenalidomide	1
Tolazoline	NA	0
Trimethadione	Paramethadione	1
Zidovudine	Trifluridine, telbivudine, idoxuridine, zalcitabine, stavudine	5

NA: Not available.

Table 4 List of drugs discovered with the aid of serendipity in the laboratory, the number of identified derivatives and their therapeutic notation

Drugs	Ref.	Derivatives	Notation
Acetanilide	[3,4]	1	Antipyretic
Acetohexamide	[1,3,4]	8	Diabetes II
Captopril	[1,3]	8	Cardiovascular
Cisplatin	[1-4]	2	Cancer
Diethylstilbestrol	[3,4]	1	Hormonal
Digoxin	[1,3]	4	Cardiovascular
Ergotamine	[1-3]	6	Cardiovascular
Ephedrine	[3]	9	CNS
Griseofulvin	[3,4]	0	Antifungal
Heparin	[2-4]	4	Cardiovascular
Isoniazid	[3,4]	0	Antibiotic
Lidocaine	[3]	6	CNS
Lithium	[1-4]	0	CNS
Marinol	[3]	1	CNS
Mechlorethamine	[1-4]	5	Cancer
Mecillinam	[3]	1	Antibiotic
Methotrexate	[1,3]	1	Cancer
Nalidixic Acid	[1,3]	8	Antibiotic
Nitroglycerine	[1,3,4]	2	Cardiovascular
Penicillin	[1-4]	21	Antibiotic
Pentamidine	[3]	0	Antiprotozoal
Physostigmine	[3]	0	Ocular
Quinine	[3]	1	Antiprotozoal
Sorafenib	[1]	0	Cancer
Streptomycin	[1,2]	7	Antibiotic
Sulfanilamide	[1-3]	13	Antibiotic
Valproic acid	[3,4]	1	CNS
Vinblastine	[1-3]	3	Cancer
Dicoumarol	[2-4]	0	Cardiovascular
Warfarin	[2-4]	3	Cardiovascular
Zinc Sulfate	[3]	0	Wilson's disease

CNS: Central nervous system.

these drugs were identified as shown in Table 4. Fifty-three pharmaceuticals (3.7%) were discovered in clinical settings and 147 derivatives (10.2%) of these were identified (Table 4). Therefore, in total there are 347 drugs currently on the market, in which discovery was aided by a serendipitous event, representing a staggering 24.1% of all drugs currently on the market. A graphical representation of these results is shown in Figure 1.

SERENDIPITY IN ANTICANCER DRUG DISCOVERY AND DEVELOPMENT

According to DrugBank^[5-7] there are 88 anticancer drugs in clinical use today. Of the drugs identified with serendipitous origin, 13 are used to treat cancer and 18 are their chemical derivatives. This means that 35.2% of all anticancer drugs in clinical use involved serendipity of some kind. The statistical distribution is shown in Figure 2. This represents a larger portion of serendipitous effects than for pharmaceuticals in general.

Of the primary serendipitous events, anticancer drugs represent 15.5% (13/84), i.e., a sizeable portion. However, relatively few derivatives were found for anticancer drugs (6.8% of the derivatives). This highlights

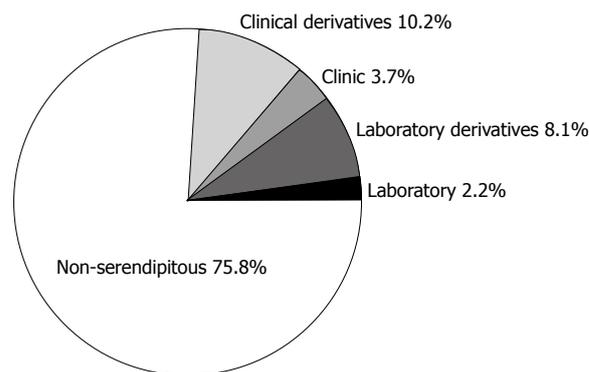


Figure 1 The distribution of the serendipity types (laboratory-based and clinical) and their chemical derivatives in clinical use (100% = 1437).

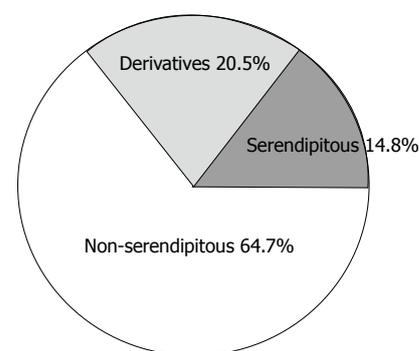


Figure 2 The statistical distribution of anticancer drugs discovered with the aid of serendipity and their chemical derivatives in clinical use (100% = 88).

the difficulty in developing effective anticancer drugs.

When the primary serendipitous events are investigated, it is clear that antibiotic, anticancer, cardiovascular and central nervous system (CNS) drugs are the most common notations with about 10 events for each (Tables 4 and 5). Other therapeutic fields such as antiprotozoal and antifungal are also reported. Less common treatments for conditions such as gout and alcoholism are reported. A high frequency of CNS discoveries is seen in the clinical settings in Table 4, i.e., 17 out of a total of 53. This reflects the difficulty in developing drugs that need to pass the Blood-Brain-Barrier (e.g., reference^[10] and references therein), and the dearth of biochemical assays modelling the diseases of the mind and pain.

KNOWN DRUG SPACE

Recently a new concept of Known Drug Space (KDS) has been developed to help drug designers to navigate chemical space based on the analysis of drugs in clinical use^[11-13]. It is known that 10% of KDS are unaltered natural products and 29% are their derivatives (semi-synthetics)^[14]. With this fact and the results presented in this paper it can be stated that KDS is, to a large extent, populated by chance rather than design. Therefore, the analysis of the physicochemical properties of known drugs gives a region of property space that really works

Table 5 List of drugs found to be beneficial for conditions other than for which they were developed (clinical), the number of identified derivatives and their therapeutic notation

Clinical drugs	Ref.	Derivatives	Notation
Aminoglutethimide	[3,4]	0	Cancer
Alprostadil	[3]	4	Cardiovascular
Amphetamine	[1,3,4]	10	CNS
Aspirin	[1-3]	0	Cardiovascular/Cancer
Auranofin	[2,3]	0	Antirheumatic
Carbamazepine	[3]	1	CNS
Celecoxib	[2]	0	Cancer
Chlordiazepoxide	[1-4]	20	CNS
Chlorothiazide	[1,3,4]	11	Diuretic
Clofibrate	[3]	1	Cardiovascular
Dactinomycin	[3]	0	Cancer
Diisopropylfluorophosphate	[3]	0	Ocular
Diltiazem	[3]	0	Cardiovascular
Dimenhydrinate	[2-4]	0	CNS
Diphenhydramine	[3]	2	CNS
Diphenoxylate	[3,4]	1	Antidiarrheal
Dipyridamole	[3]	0	Cardiovascular
Disulfiram	[1,2,4]	0	Alcoholism treatment
Doxorubicin	[3]	5	Cancer
Etomidate	[3,4]	0	CNS
Finasteride	[2]	1	Baldness
Guanethidine	[3,4]	2	Cardiovascular
Haloperidol	[1,3,4]	1	CNS
Imatinib	[1]	0	Cancer
Imipramine	[1-4]	10	CNS
Iproniazid	[1-4]	1	CNS
Linezolid	[1]	0	Antibiotic
LSD	[1-4]	5	CNS
Meprobamate	[2,4]	1	CNS
Mercaptopurine	[1,3]	2	Immunosuppressive
Metronidazole	[3]	1	Antiprotozoal
Mifepristone	[3,4]	0	Hormonal
Minoxidil	[2]	0	Cardiovascular
Mycophenolic acid	[3]	1	Immunosuppressive
Naloxone	[3]	1	CNS
Norethindrone	[1,3,4]	11	Hormonal
Pethidine	[3,4]	1	CNS
Phenobarbital	[3]	6	CNS
Prednisone	[3,4]	6	Anti-inflammatory
Probenecid	[2]	0	Gout
Procarbazine	[3]	0	CNS
Promethazine	[1-3]	20	Antihistamine
Quinacrine	[3]	4	Antiprotozoal
Reserpine	[1-3]	2	CNS
Salicylic acid	[3]	4	Antirheumatic
Sildenafil	[1-3]	2	Erectile dysfunction
Sirolimus	[3]	1	Immunosuppressive
Tamoxifen	[1-4]	1	Cancer
Terfenadine	[3]	1	Antihistamine
Thalidomide	[1,2]	1	Cancer
Tolazoline	[3]	0	Cardiovascular
Trimethadione	[3]	1	CNS
Zidovudine	[1,2]	5	Antiviral

CNS: Central nervous system; LSD: Lysergische säure diäthylamid (lysergic acid diethylamide).

for successful pharmaceuticals.

DISCUSSION

Serendipity in drug discovery has not been investigated to a great extent, however, some papers were found in

the literature and the opinions expressed vary greatly, which is not surprising due to the ambiguous nature of this phenomenon. For instance, Jeste *et al.*^[15] downplay the importance of serendipity arguing that few if any discoveries in their field of psychiatry were truly serendipitous. Conversely, Lombardino and Lowe state that “the role of serendipity, chemical intuition and creativity in thoughtfully selecting a chemical target to synthesize in order to discover the best-quality drug has not diminished” irrespective of the introduction of new technologies^[16]. Furthermore, Klein strongly believes that a loss of chance observations and unexpected clinical benefits are due to recent changes in the process of drug discovery^[17]. He criticises cost-control measures which remove a creative environment in hospitals that fosters serendipity^[17]. Finally, Kubinyi^[4] suggests that researchers should not be manipulated by short-term business cycles; drug discoveries require good science, enlightened management, and freedom for researchers to act, challenge dogma and take risks.

This investigation provides a limited scope of serendipitous drug discovery since only four sources were analysed. It is certain that not all serendipitous events are recorded; researchers may choose not to report them in favour of standard scientific methods of inquiry. It can therefore be argued that the impact of serendipity is even larger than found in this investigation.

According to the results presented here, approximately 24% of all drugs currently on the market were discovered with the aid of serendipity and thus, may never have been discovered without the curiosity, observation, and sagacity of the researchers. This serves to highlight the unpredictability in drug research and the necessity to allow for and encourage freedom in research directions and promote the intellectual freedom of the scientists involved. Also, a sound education in science is indispensable and the promotion of critical thinking of our students is vital (for further discussion see Lenox^[18]).

The term “drug repositioning” is sometimes used when a new notation is found for a drug molecule. A good example is the reintroduction of the infamous thalidomide in clinical use. This is obviously a very positive development since new drugs do not have to be developed from scratch with a large price tag. As shown in this work, serendipitous events in the clinic are important and have facilitated drug repositioning emphasising the need to educate clinicians about this phenomenon.

Understanding the serendipity phenomenon is crucial so we can start to manipulate it to our advantage and we believe that quantifying the impact of serendipity facilitates our understanding of it. Finally, Pasteur’s comment on serendipity certainly still holds true: “Dans les champs de l’observation, le hasard ne favorise que les esprits prepares.” (“In the field of observation, chance favours only the prepared mind.”)

CONCLUSION

It was found that 35.2% of all the anticancer drugs now

in clinical use were discovered by serendipity. In general, 24% of all pharmaceuticals currently on the market were affected in a positive way during their development by this phenomenon with CNS active drugs being the most prominent. This leads to the conclusion that drug discovery is based on good science and where intuition, critical thinking, sagacity and open-mindedness play crucial roles.

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Challenges in the differential diagnosis of hypercalcemia: A case of hypercalcemia with normal PTH level

Francesca Pellicciotti, Andrea Giusti, Maria Carolina Gelli, Salvatore Foderaro, Alberto Ferrari, Giulio Pioli

Francesca Pellicciotti, Salvatore Foderaro, Alberto Ferrari, Giulio Pioli, Geriatric Unit, Arcispedale Santa Maria Nuova, Viale Risorgimento 80, 42123 Reggio Emilia, Italy
Andrea Giusti, Bone Clinic, Department of Gerontology and Musculoskeletal Sciences, Galliera Hospital, Corso Mentana 10, 16128 Genoa, Italy

Maria Carolina Gelli, Department of Pathology, Arcispedale Santa Maria Nuova, Viale Risorgimento 80, 42123 Reggio Emilia, Italy

Author contributions: All authors contributed to conception and design, acquisition and interpretation of data; Francesca Pellicciotti, Andrea Giusti and Giulio Pioli contributed equally to the drafting of the article; Maria Carolina Gelli, Salvatore Foderaro, Alberto Ferrari and Giulio Pioli revised the article critically for important intellectual content; all authors approved the final version to be published.

Correspondence to: Giulio Pioli, MD, Geriatric Unit, Arcispedale Santa Maria Nuova, Viale Risorgimento 80, 42123 Reggio Emilia, Italy. giulio.pioli@asmn.re.it

Telephone: +39-052-2296188 Fax: +39-052-2296122

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conditions producing hypercalcemia is a rare event in the literature, and should be considered in the presence of an abnormally high serum calcium level associated with normal or high-normal PTH, in order to establish a correct diagnosis and appropriate interventions.

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Key words: Bisphosphonates; Hypercalcemia; Malignancy-associated hypercalcemia; Parathyroid hormone; Primary hyperparathyroidism

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Abstract

The hypercalcemias are a common and heterogeneous group of disorders, ranging from the occasional detection of a high level of serum calcium to a life-treating condition. In a patient presenting with hypercalcemia, a differential diagnosis can be established easily by measuring serum calcium and parathyroid hormone (PTH) concentrations. We describe the case of an 83-year-old man presenting with a severe symptomatic hypercalcemia with high-normal PTH level due to the coexistence of primary hyperparathyroidism and malignancy-associated hypercalcemia. The presence of two conditions producing hypercalcemia was revealed only during in-hospital stay and after the administration of an intravenous bisphosphonate, when the PTH concentration increased rapidly after bisphosphonate treatment with a decrease in serum calcium. The occurrence of two

INTRODUCTION

The hypercalcemias (HcA) are a common and heterogeneous group of disorders, ranging from the occasional detection of a high level of serum calcium during routine laboratory assessment to a life-treating condition^[1-5]. In general, the signs and symptoms are not specific, and are related to the level of serum calcium, to the rate of calcium increase and to the underlying condition producing HcA. Mild hypercalcemia (11-11.5) mg/dL is usually asymptomatic, while acute onset severe HcA (> 13 mg/dL) may present with lethargy, stupor and coma.

From a pathophysiological point of view, an increase in serum calcium above the reference range is the result of the failure of renal calcium excretion to compensate for an increased influx of calcium into the circulation from the intestine, the kidneys and the skeleton^[4,5]. Primary hyperparathyroidism and malignant neoplasms are

responsible for more than 90% of all cases of hypercalcemia^[5].

In the case of hypercalcemia, a differential diagnosis can be established easily by measuring serum calcium and parathyroid hormone (PTH) concentrations. In clinical practice, serum total calcium concentrations should be adjusted to serum albumin values, while the measurement of ionized serum calcium is rarely needed^[4,5].

The finding of an increased serum calcium level in the presence of an inappropriately elevated PTH concentration should suggest a PTH-dependent HCa (primary hyperparathyroidism), while the observation of HCa with suppressed or low-normal PTH values should suggest a PTH-independent hypercalcemia (e.g., granulomatous disorders or malignancy-associated hypercalcemia, MAH)^[1,2,4,5].

In the acute clinical setting, the management of severe HCa is independent of the underlying cause, being based on life-treating interventions such as hydration and the prescription of calcium lowering agents (e.g., bisphosphonates). On the other hand, the long-term treatment and prognosis of HCa is highly dependent on the underlying cause^[4]. Therefore, a correct differential diagnosis is crucial to maximize the outcome and improve quality of life.

We herein describe the case of an 83-year-old man presenting with hypercalcemia with normal PTH level due to the coexistence of primary hyperparathyroidism and MAH. The occurrence of two conditions producing HCa is a rare event in the literature^[6-8], and should be considered in the presence of an abnormally high serum calcium level associated with normal PTH, in order to establish a correct diagnosis and appropriate interventions.

CASE REPORT

An 83-year-old man was admitted to the Geriatric Acute Care Unit of the Arcispedale Santa Maria Nuova (ASMN, Reggio Emilia) with delirium and other symptoms. The patient was evaluated at the time of admission and followed during hospital stay with serial measurements of laboratory tests.

Serum 25-hydroxy-vitamin D (25-OH-D) was measured by radioimmunoassay using a commercial kit (detection limit 1.5 ng/mL; DiaSorin, Saluggia, Italy). Serum intact PTH (1-84) was assessed using an immunoradiometric method (DiaSorin) with a sensitivity of 0.7 pg/mL (normal range 15 pg/mL-75 pg/mL). The interassay coefficients of variation (CVs) were between 8.2% and 11% for 25-OH-D and between 3.4% and 4.9% for PTH (depending on the measured concentration). All other parameters were measured using standard automated laboratory methods.

A needle biopsy of axillary lymph nodes and a bone marrow biopsy (obtained from the iliac crest) were performed. Specimens were fixed in 4% buffered formaldehyde (bone marrow biopsy was subsequently decalcified) and processed for routine paraffin embedding. Sections of 5 μ m were prepared for routine light microscopy after staining with hematoxylin and eosin. Immunohistochemi-

cal staining with the streptavidin-biotin peroxidase detection system was performed using the Ventana automated immunostainer (Ventana Medical System, Tucson, Arizona, United States).

The patient was admitted to the Geriatric Acute Care Unit of the ASMN Hospital at the beginning of August 2010. He was an 83-year-old man, living at home with his wife and walking without aid. His medical history included mild to moderate dementia (started one year before) with minor behavioral symptoms, hypertension, chronic coronary heart disease, carotid atheromatous disease, benign prostatic hyperplasia treated with trans-urethral retrograde prostatectomy, chronic gastritis and duodenal ulcer. Despite having dementia and other comorbidities, he had conserved abilities of daily living. Medications included: trazodone 12.5 mg/bid, bisoprolol 1.25 mg/d, losartan 25 mg/d, acetylsalicylic acid 100 mg/d and rosuvastatin 10 mg/d.

Five days before admission to ASMN Hospital, he was evaluated in the Emergency Department of another hospital for asthenia and worsening of cognitive impairment. Routine blood samples and radiologic evaluations (brain CT and abdominal X-ray) showed severe hyponatremia (121 mmol/L), chronic vascular encephalopathy and coprostatics. Serum calcium was not assessed. He was discharged home without any therapy.

On admission to the Geriatric Unit of the ASMN Hospital, his caregiver referred to persistence of the following symptoms: asthenia, dizziness, recurrent falls, drowsiness, delirium, constipation, polyuria, polydipsia and stupor. The first laboratory assessment confirmed the presence of hyponatremia (129 mmol/L), and demonstrated hypochloremia (87 mmol/L), leukocytosis (10.829/mm³), normocytic anemia (Hb 12.2 mg/dL; MCV 81.4) and renal failure (creatinine 1.6 mg/dL; azotemia 46). Chest and abdominal X-rays were negative. The symptoms were, at this point, correlated to hyponatremia and dehydration-syndrome. Thus, fluid and electrolyte therapy were started.

On the second day a routine blood sample showed moderate liver dysfunction, the presence of monoclonal antibodies below the detection limit on serum protein electrophoresis, and severe hypercalcemia (18.2 mg/dL) with PTH (64 pg/mL) within the reference range (Figure 1), associated with hyperphosphatemia (4.8 mg/dL, normal range 2.5 mg/dL-4.5 mg/dL) and hypomagnesemia (1.6 mg/dL, normal range 1.7 mg/dL-2.5 mg/dL).

Given the presence of severe symptomatic hypercalcemia, the patient was treated with re-hydration associated with furosemide, and an intravenous bisphosphonate (pamidronate 60 mg in 500 cc saline in a single administration). As shown in Figure 1, a slight decrease in calcium was observed in the first two days after bisphosphonate treatment, followed by a rapid decrease in serum calcium from day 3. At the same time, PTH demonstrated a rapid and sustained increase in the days following the bisphosphonate infusion (up to 410 pg/mL).

In association with the decrease in serum calcium, a

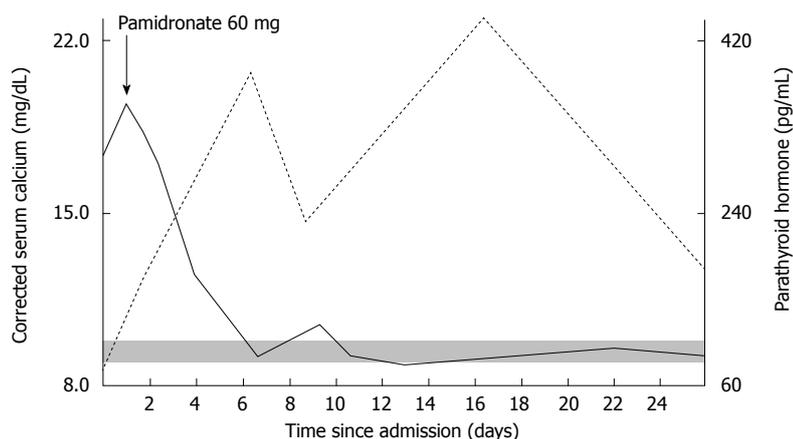


Figure 1 Corrected serum calcium and parathyroid hormone concentrations during hospitalization, before and after pamidronate administration. Continuous line, corrected serum calcium; dotted line, serum parathyroid hormone (10 pg/mL-75 pg/mL); gray band, normal reference range for serum calcium (8.5 mg/dL-10.5 mg/dL).

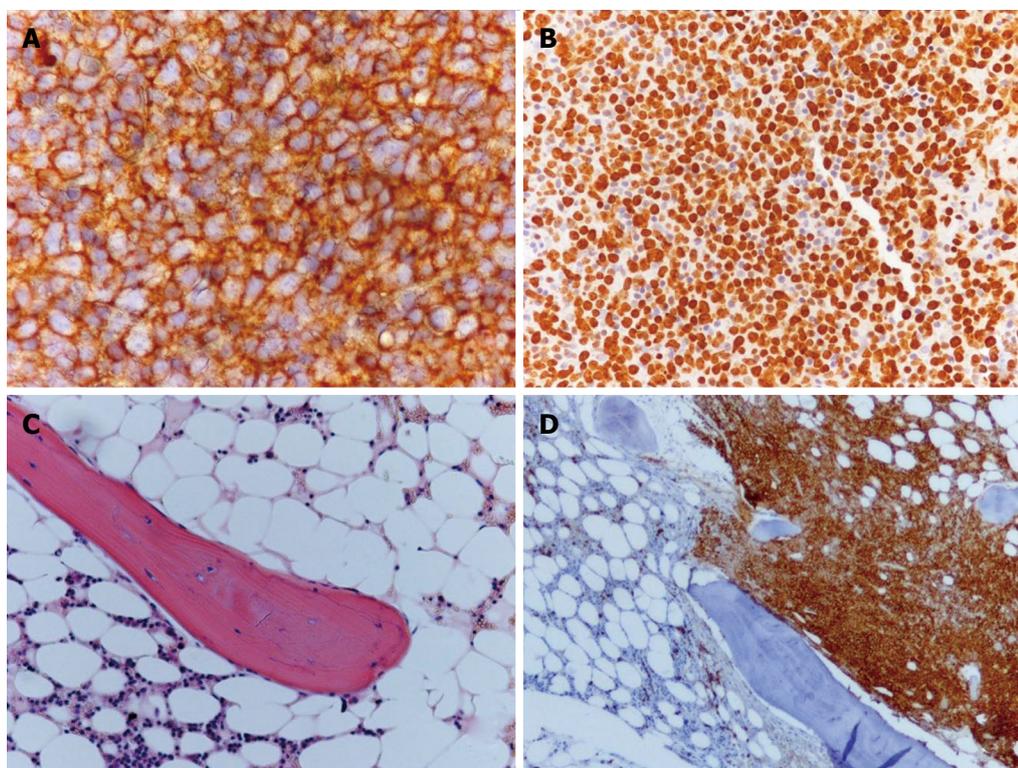


Figure 2 Histological sections of axillary lymph node (A and B) and bone marrow (C and D). Lymph node: A: Immunohistochemical stain for CD20; B: Immunohistochemical stain for Ki67; Bone marrow: C: Hematoxylin-eosin staining; D: Immunohistochemical stain for CD20.

significant improvement in symptoms was observed. In particular, this treatment ameliorated the level of consciousness, resolved dizziness and improved ambulation.

The coexistence of severe symptomatic hypercalcemia with a PTH level within the reference range suggested the presence of two different conditions producing an increase in serum calcium, but opposite effects on PTH (PTH-dependent and PTH-independent hypercalcemia)^[1-3].

The sudden increase in PTH (from 64 pg/mL to 410 pg/mL) following the slight decrease in calcium (from 18.2 mg/dL to 15.7 mg/dL; still above the upper limit of the reference range) early after pamidronate infusion,

suggested the presence of primary hyperparathyroidism. Further instrumental investigations were undertaken due to a suspected coexisting MAH.

A whole-body bone scan did not detect any areas of increased uptake, and therefore, excluded hypercalcemia due to osteolysis. A whole body CT scan demonstrated the presence of enlarged mediastinal and abdominal lymph nodes suggesting a lymphoproliferative disease. A needle biopsy of axillary lymph nodes was performed. Histological examination revealed a diffuse large B-cell non-Hodgkin lymphoma confirming MAH (Figure 2A and 2B). The examined tissue was completely replaced

by medium to large lymphoid cells with oval to round nuclei. Immunohistochemical investigation revealed a B-cell phenotype (CD20+, Bcl2+, Bcl6+, CD3-, CD10-, CD30-, cyclin D1-). The proliferative fraction detected by Ki67 staining was notably high (80%-90%).

An echographic evaluation of the neck was unable to localize the abnormal parathyroid gland, while a sestamibi scintigraphic evaluation undertaken to localize the hyperfunctioning parathyroid gland demonstrated an area of increased uptake at the base of the right thyroid lobe.

Among the laboratory analyses, a severe vitamin D deficiency was observed. The bone marrow biopsy revealed normal trabecular borders and surface excluding osteomalacia (Figure 2C and D). Cellularity was increased, but hematopoietic marrow lines were reduced. About 70% of bone marrow cellularity was occupied by a lymphoid proliferation, diffusely necrotic with analogous characteristics which were observed in lymph node tissue.

The final diagnosis was non-Hodgkin lymphoma stage 4A associated with primary hyperparathyroidism. When serum calcium was normalized, the patient started chemotherapy. Unfortunately, on the 36th day (six days after the first chemotherapy cycle), the patient's clinical condition worsened and two days later he died due to irreversible heart failure. Thus, it was not possible to undertake further investigations.

DISCUSSION

In clinical practice, the differential diagnosis of hypercalcemia is based on the evaluation of serum calcium and PTH levels, with a high PTH concentration suggesting a PTH-dependent hypercalcemia (usually primary hyperparathyroidism), and a suppressed PTH value supporting the diagnosis of a PTH-independent hypercalcemia (most often a MAH or a calcitriol-excess hypercalcemia)^[1-4]. In the case described, the coexistence of severe hypercalcemia with a PTH concentration in the normal reference range suggested a more complex diagnosis.

Among the potential causes of hypercalcemia, granulomatous diseases, familial hypocalciuric hypercalcemia and drug-induced HCa (e.g., lithium) were excluded on the basis of the medical and pharmacological history, and first-line investigations^[1-3]. The laboratory assessment, undertaken during in-hospital stay, excluded hyperthyroidism, tertiary hyperparathyroidism and other rare disorders such as milk-alkali syndrome^[1-3]. Thus, even on the basis of their higher prevalence, primary hyperparathyroidism and MAH were considered the potential cause of HCa in the 83-year-old man described.

The presence of a really high level of calcium with a PTH value within the reference range suggested the possibility of the coexistence of a primary hyperparathyroidism and another not-PTH-mediated hypercalcemic disorder, which, by increasing serum calcium to a level close to the PTH-secretion set-point, was capable of inhibiting secretion of the parathyroids, thus explaining the "atypical" normal PTH concentration. Apart from

the diagnosis of lymphoma, which indirectly supported our hypothesis, the dramatic increase in PTH concentration after the infusion of pamidronate further supported our diagnoses. It is probable that pamidronate, by reducing osteoclast-mediated bone resorption and therefore calcium mobilization from the bone tissue, re-established PTH secretion thus reducing serum calcium and its inhibitory action on the parathyroids.

As we also found severe hypovitaminosis D, we also considered the hypothesis that the presence of a secondary hyperparathyroidism could induce an abnormal level of PTH in the presence of MAH. In fact, it is known that the normalization of PTH in secondary hyperparathyroidism, during supplementation with vitamin D, takes a long time, and that even after one year of treatment some patients still have high levels of PTH. This situation is considered to be related to hyperplasia of the parathyroids or to morphological modifications of these glands produced by the long-lasting hypocalcemic stimulus^[9]. However, it is commonly believed that the response of the parathyroid glands to a hypercalcemic stimulus is quite fast and relevant, even in the presence of hyperplastic glands as demonstrated by Messa *et al*^[10].

Another potential confounder in the clinical presentation of our case was the low magnesium concentration. Magnesium is essential for PTH secretion, and hypomagnesemia has been shown to blunt PTH increase in conditions such as severe vitamin D deficiency^[11,12]. In our case, a rapid and sustained increase in PTH concentration occurred in the absence of magnesium supplementation, suggesting that magnesium deficiency was not the reason for the normal PTH level associated with severe HCa.

Hyponatremia was related to severe dehydration and to loss of urine sodium due to hypercalciuria, and a diagnosis of inappropriate secretion of antidiuretic hormone (trazodone, lymphoma) was excluded. This was also supported by the fact that hyponatremia resolved once the patient was re-hydrated and serum calcium was normalized.

In summary, the case described has some clinical implications: in patients with primary hyperparathyroidism, the coexistence of severe hypercalcemia which is not PTH-mediated, represents a challenge in the differential diagnosis of HCa; therefore, the presence of very high calcium concentrations with normal PTH values should suggest the coexistence of more than one disease producing hypercalcemia; when a patient, specially an older adult, is admitted to an Acute Care Unit or an Emergency Department with worsening cognitive impairment, delirium and asthenia, the calcium concentration should be measured together with routine laboratory and radiologic evaluations.

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Optimal combination of radiofrequency ablation with chemoradiotherapy for locally advanced pancreatic cancer

Shinichi Ikuta, Ami Kurimoto, Hiroya Iida, Tsukasa Aihara, Makiko Takechi, Norihiko Kamikonya, Naoki Yamanaka

Shinichi Ikuta, Ami Kurimoto, Hiroya Iida, Tsukasa Aihara, Naoki Yamanaka, Department of Surgery, Meiwa General Hospital, Hyogo 663-8186, Japan

Makiko Takechi, Tsuchibashi Clinic, Kochi 780-0870, Japan
Norihiko Kamikonya, Department of Radiology, Hyogo College of Medicine, Hyogo 663-8501, Japan

Author contributions: Ikuta S and Takechi M wrote the paper; Kurimoto A, Iida H, Takechi M and Kamikonya N treated the patient; Aihara T and Yamanaka N contributed equally to the supportive work and supervision.

Correspondence to: Dr. Shinichi Ikuta, Department of Surgery, Meiwa General Hospital, Agenaruo 4-31, Nishinomiya, Hyogo 663-8186, Japan. ikuta@meiwa-hospital.com
Telephone: +81-798-471767 Fax: +81-798-477613

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Abstract

Problems have been reported in the treatment of pancreatic cancer with radiofrequency ablation (RFA), such as the friability of the organ itself. This report presents possible solutions to such problems. Although our patient suffered from locally advanced unresectable pancreatic cancer, she remained well at 18 mo after RFA with no evidence of recurrence. To ameliorate the side effects of RFA, after a palliative bypass procedure, the subject was treated with combined radiotherapy and chemotherapy. After this regimen had been administered, a contrast-enhanced computed tomography scan confirmed that RFA is a viable approach to the treatment of pancreatic cancer as the chemoradiotherapy had resulted in marked tumor shrinkage and pancreatic fibrosis; i.e., sufficient tumor ablation was achieved without serious RFA-related complications, such as pancreatitis or pancreatic fistulae. The present case suggests that RFA combined with preceding chemoradiotherapy is safe and effective for the palliative treatment of locally advanced pancreatic cancer.

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INTRODUCTION

Radical surgery is the only potentially curative treatment for pancreatic cancer, but only 5%-25% of cases are indicated for resection due to its late presentation^[1,2]. Most cases of pancreatic cancer are diagnosed at an advanced stage; i.e., when they display locally advanced (presence of perineural and vascular invasion) or metastatic disease (commonly in the liver, lungs and/or peritoneum). The prognosis of patients with unresectable pancreatic cancer is dismal. The median overall survival rate is 10-12 mo and 3-6 mo in patients with unresectable locally advanced cancer and metastatic disease, respectively^[2]. In patients with locally advanced pancreatic cancer, chemotherapy with or without radiotherapy, has been applied to induce tumor regression, obtain local control, slow tumor growth and relieve pain and/or symptoms. However, the treatment options for locally advanced pancreatic cancer are limited, and new therapeutic measures are required.

Radiofrequency ablation (RFA) is a local thermal therapy that is widely used for the treatment of solid parenchymal tumors^[1-3]. In particular, it is effective for treating liver tumors and has been successfully employed

in palliative therapy for tumors in the lung, kidney, brain, prostate and breast^[1,2]. Although RFA appears to be an attractive treatment option for patients with unresectable, locally advanced and non-metastatic pancreatic cancer, the risk of thermal injury to the soft and friable pancreatic tissue has limited its clinical application. Indeed, a high frequency of life-threatening complications, such as necrotizing pancreatitis, has been reported after RFA for pancreatic tumors^[4]. The aim of this report is to describe the case of a patient with locally advanced pancreatic cancer who was successfully treated with combination therapy involving open RFA and chemoradiotherapy, and thus, improve the safety and efficacy of RFA for pancreatic cancer.

CASE REPORT

A 60-year-old woman with diabetes mellitus presented with recent weight loss and a lack of appetite. A contrast-enhanced computed tomography (CE-CT) scan revealed a pancreatic head tumor measuring 35 mm in diameter (Figure 1A), which had infiltrated into the superior mesenteric vein (SMV). Endoscopic retrograde cholangiopancreatography demonstrated main pancreatic duct disruption in the head of the pancreas and distal common bile duct stricture. A diagnosis of pancreatic adenocarcinoma was confirmed by endoscopic ultrasound guided fine-needle aspiration cytology. She was then referred to our hospital for surgical treatment. Her laboratory findings showed mild liver dysfunction and elevated serum levels of carcinoembryonic antigen (CEA) and carbohydrate antigen (CA) 19-9 (7.5 ng/mL, normal < 5; 759 U/mL, normal < 37, respectively).

During laparotomy, there was no evidence of liver metastasis or peritoneal involvement, but the tumor was found to be bigger than suggested by preoperative imaging. It had grown to a diameter of 40 mm and infiltrated into the distal SMV at the level of the jejunal branch, indicating locally advanced and unresectable disease. The patient consequently underwent common bile duct-jejunostomy and gastrojejunostomy. After the initial operation, we planned to treat the patient with chemoradiotherapy to reduce the size of the tumor and induce pancreatic fibrosis, followed by RFA if possible. Extra beam radiotherapy was started one month after the bypass surgery using a 10 MV X-ray at a total dose of 4500 cGy in 180 cGy fractions. The patient was then offered gemcitabine, which was administered intravenously at 1000 mg/m² on days 1, 8 and 15 followed by a 1-wk rest period. S-1 40 mg/m² was co-administered orally twice daily on days 1 to 14 of each cycle. The cycles were repeated every four weeks for four cycles. A second CE-CT scan taken after the completion of chemoradiotherapy confirmed that the pancreatic head mass had shrunk (to 20 mm in diameter) (Figure 1B). Her serum levels of CEA and CA19-9 decreased to 4.0 ng/mL and 120 U/mL, respectively. Since imaging studies revealed no evidence of distant metastases and the patient was in a good general condition, the patient elected to undergo operative RFA after providing informed consent.

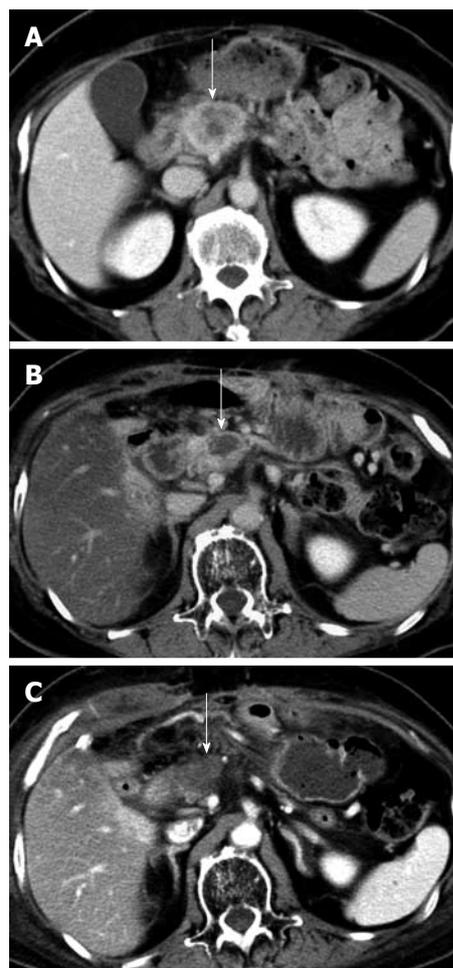


Figure 1 Abdominal contrast-enhanced computed tomography scan. A: contrast-enhanced computed tomography (CE-CT) scan showing a tumor in the pancreatic head before the first laparotomy (arrow); B: CE-CT scan taken after the chemoradiotherapy showing a reduction in the size of the tumor (arrow); C: CE-CT scan taken after the radiofrequency ablation showing a necrotic area that is suggestive of an ablated tumor (arrow).

During the second laparotomy, fibrotic changes, which had probably been induced by the chemoradiotherapy, were observed in the duodenal wall and pancreatic head, including the tumor and surrounding normal pancreatic tissue. Frozen section examination of a needle biopsy specimen detected a small number of viable malignant cells in the necrotic fibrous tissue. We decided to perform RFA as planned because radical resection with vascular reconstruction was considered impossible. We used the latest Cool-tipTM RFA system (Radionics Inc.) and a cooled electrode (17-gauge, 15 cm in length with 2 cm insertion for rapid tumor destruction). The radiofrequency needle was placed accurately into the tumor under ultrasonographic guidance. The coagulative effect of the treatment was monitored by intraoperative ultrasonography. Two overlapping ablations were performed, the first lasted for 4 min 30 s, and the second lasted for 3 min 30 s, resulting in an intratumoral temperature of 99 °C. An abdominal drainage tube was left in place close to the ablated area.

After the procedure, the patient was intravenously

infused with octreotide acetate for 5 d to prevent pancreatitis. Consequently, the patient's postoperative course was uneventful; i.e., without complications such as pancreatitis, gastroduodenal bleeding, pancreatic fistulae and sepsis. A CE-CT scan obtained 8 d after the RFA showed a necrotic area in the head of the pancreas that corresponded to the ablation site (Figure 1C). One month after the RFA, her serum CEA and CA19-9 levels had returned to the normal range. The patient received postoperative chemotherapy with tegafur-uracil and is alive at 18 postoperative months with no signs of tumor recurrence.

DISCUSSION

The safety of RFA for pancreatic cancer is still under debate. In 2000, Matsui *et al.*^[3] first reported 20 patients with unresectable and metastatic pancreatic cancer who were treated with RFA. Of the 20 cases, two (10%) suffered critical complications; one patient died from septic shock, and the other from gastrointestinal bleeding. In 2004, Elias *et al.*^[4] reported their experience of two patients with multiple pancreatic renal cancer metastases who were treated with RFA. Unfortunately, both patients died from acute necrotizing pancreatitis and massive destruction of the normal pancreatic parenchyma. They concluded that because of the severe complications that it causes, RFA in the pancreas is not recommended. Recently, other authors have reported good postoperative results; i.e., no major procedure-related morbidity or mortality, after treating pancreatic cancer with RFA. To avoid damage to normal pancreatic tissue, Varshney *et al.*^[5] restricted the area of the tumor that was ablated in a study of three patients with unresectable pancreatic cancer. Moreover, Girelli *et al.*^[6] reported that reducing the RFA temperature from 105 °C to 90 °C resulted in a significant reduction in RFA-related complications. However, it is inevitable that such measures will attenuate the cytoreductive effect of RFA.

This case is the first to demonstrate the safety and efficacy of combining RFA with other palliative treatments such as chemoradiotherapy as a treatment for pancreatic cancer. We speculate that in the present case the chemoradiotherapy-induced peritumoral fibrosis reduced thermal conduction in the surrounding normal parenchyma, even at a higher ablation temperature than is recommended in the literature. Sufficient tumor ablation was thus achieved without increasing the risk of RFA-related pancreatitis or pancreatic fistulae. Moreover, RFA-related biliary injury and duodenal occlusion were avoided by biliary and gastric bypass surgery. Postoperative octreotide administration further reduced the risk of complications after RFA.

Although gemcitabine monotherapy is accepted as a standard first-line treatment for unresectable pancreatic cancer, gemcitabine and S-1 combination chemotherapy also has a favorable profile and results in a median over-

all survival of 9.3 mo^[7]. Furthermore, several trials have demonstrated that the addition of radiation to chemotherapy is beneficial in terms of overall survival^[8]. On the other hand, only a few studies have demonstrated a survival benefit of RFA for unresectable pancreatic cancer^[9].

The application of RFA to the treatment of pancreatic tumors is still at an early stage and is undergoing research to improve its safety. The findings obtained in this case led us to the conclusion that RFA combined with preceding chemoradiotherapy is safe and might be more effective than using either modality alone, which could lead to better palliation of locally advanced pancreatic cancer. However, a case series study is required to confirm our encouraging results.

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Tim Van den Wyngaert, Dr., Antwerp University Hospital, Wilrijkstraat 10, 2650 Edegem, Belgium

Arianna L Kim, PhD, Herbert Irving Assistant Professor of Dermatology, Department of Dermatology, Columbia Medical Center, 1130 St. Nicholas Ave 321B, New York, NY 10032, United States; **Shufeng Zhou, MD, PhD, A/Professor**, School of Health Sciences, RMIT University, Bundoora, Victoria 3083, Australia

Thomas Yau, MBBS, MRCP, FHKCP, FHKAM, Department of Medicine, Queen Mary Hospital, University of Hong Kong, Room 405, 4/F Professorial Block, 102 Pokfulam Road, Hong Kong, China

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 surgery and spinal cord
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 treatment of breast cancer
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- 3 **Tian D**, Araki H, Stahl E, Bergelson J, Kreitman M. Signature of balancing selection in Arabidopsis. *Proc Natl Acad Sci USA* 2006; In press

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- 4 **Diabetes Prevention Program Research Group**. Hypertension, insulin, and proinsulin in participants with impaired glucose tolerance. *Hypertension* 2002; **40**: 679-686 [PMID: 12411462

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- 5 **Vallancien G**, Emberton M, Harving N, van Moorselaar RJ; Alf-One Study Group. Sexual dysfunction in 1, 274 European men suffering from lower urinary tract symptoms. *J Urol* 2003; **169**: 2257-2261 [PMID: 12771764 DOI:10.1097/01.ju.0000067940.76090.73]

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- 6 21st century heart solution may have a sting in the tail. *BMJ* 2002; **325**: 184 [PMID: 12142303 DOI:10.1136/bmj.325.7357.184]

Volume with supplement

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No volume or issue

- 9 Outreach: Bringing HIV-positive individuals into care. *HRS-A Careaction* 2002; 1-6 [PMID: 12154804]

Books

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- 10 **Sherlock S**, Dooley J. Diseases of the liver and biliary system. 9th ed. Oxford: Blackwell Sci Pub, 1993: 258-296

Chapter in a book (list all authors)

- 11 **Lam SK**. Academic investigator's perspectives of medical treatment for peptic ulcer. In: Swabb EA, Azabo S. Ulcer disease: investigation and basis for therapy. New York: Marcel Dekker, 1991: 431-450

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- 12 **Breedlove GK**, Schorfheide AM. Adolescent pregnancy. 2nd ed. Wiczorek RR, editor. White Plains (NY): March of Dimes Education Services, 2001: 20-34

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- 13 **Harnden P**, Joffe JK, Jones WG, editors. Germ cell tumours V. Proceedings of the 5th Germ cell tumours Conference; 2001 Sep 13-15; Leeds, UK. New York: Springer, 2002: 30-56

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- 15 Morse SS. Factors in the emergence of infectious diseases. Emerg Infect Dis serial online, 1995-01-03, cited 1996-06-05; 1(1): 24 screens. Available from: URL: <http://www.cdc.gov/ncidod/eid/index.htm>

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- 16 **Pagedas AC**, inventor; Ancel Surgical R&D Inc., assignee. Flexible endoscopic grasping and cutting device and positioning tool assembly. United States patent US 20020103498. 2002 Aug 1

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